

Heart Failure Education & Clinical Shadowing Programme

Target Audience

Healthcare professionals within primary care undertaking Heart Failure (HF) reviews including medication optimisation.

Objectives:

- To gain greater insight, knowledge and clinical confidence and competence in the management of the 4 pillars of Heart Failure with Reduced Ejection Fraction management (HFrEF)
- To feel confident and competent to undertake primary care HF reviews for patients with HFrEF
- To gain greater insight, knowledge and confidence in managing patients with HFrEF who have concomitant co-morbidities (i.e., renal impairment, respiratory disease, frailty, angina, diabetes)
- To feel confident in the use of primary care HF review coding
- Recognise when a referral to the community HF nurse service and secondary care services is appropriate
- To be able to impart knowledge gain to other colleagues within the team

Format

Sessions will be delivered through Microsoft Teams either as a 1:1 or a group discussion to include a PowerPoint presentation to aid learning.

Session 1 (half day)

- Overview of 4 pillars management for HFrEF

Session 2 (half day)

- Practicalities of titration and decision making/prioritisation of medication groups
- Managing complex patients (renal impairment, respiratory disease, frailty, diabetes)
- Coding overview – clinical reviews, how to approach

Clinical Shadowing

- 1:1 clinical supervision – clinic shadowing via Microsoft Teams
- 1:1 case discussion(s) – HCP to select specific patient cases for discussion

Programme Evaluation

This will be undertaken and fed back to all involved partners through a training evaluation form.